

SCHOOL DINNERS MENU: TERM 1 Week 1 05/09, Week 4 25/09 and Week 7 16/10

Choices	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course Dish	Cheese and Baked Bean Pinwheel	Sausage and Tomato Pasta	Roast Beef and Yorkshire Pudding	Shepherd's Pie	Battered Cod Fillet
Vegetarian Dish	Vegetable Cottage Pie	Quorn Carbonara	Vegetarian Toad in the Hole	Chick Pea and Vegetable Pie	Vegetable Burger
Vegetable Choices	Selection of Fresh Vegetables	Fresh Mixed Salad	Selection of Fresh Vegetables	Selection of Fresh Vegetables	Peas or Baked Beans
Potato, rice or Pasta choices	Mashed Potato	Pasta	Roast and New Potatoes	Bread Roll	Chips
Available every day	A selection of fresh salads & bread	A selection of fresh salads & bread	A selection of fresh salads & bread	A selection of fresh salads & bread	A selection of fresh salads & bread
Hot or cold dessert	Fruit and Oat Cookie	Sticky Toffee Pudding	Fresh Fruit filled Meringue Nest	Lemon Drizzle	Strawberry Jelly
Dessert available every day	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt

SCHOOL DINNERS MENU: TERM 1 Week 2 11/09 and Week 5 02/10

Choices	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course Dish	Chilli con Carne or Cheese and Baked Beans	Sausage in Onion Gravy	Roast Turkey and Stuffing	Spaghetti Bolognese	Salmon Fish Fingers
Vegetarian Dish	Roast Vegetable Cous-cous	Quorn Sausages in Onion Gravy	Stuffed Roast Tomato	Vegetable Lasagne	Vegetable Kiev
Vegetable Choices	Selection of fresh Vegetables	Selection of fresh Vegetables	Selection of fresh Vegetables	Selection of fresh Vegetables	Peas or Baked Beans
Potato, rice or Pasta choices	Jacket Potato	Mashed Potato	Roast and New Potatoes	Fresh Mixed Salad	Chips
Available every day	A selection of fresh salads & bread	A selection of fresh salads & bread	A selection of fresh salads & bread	A selection of fresh salads & bread	A selection of fresh salads & bread
Hot or cold dessert	Cherry Shortbread	Pineapple Upside Down Cake	Carrot and Orange Cake	Peaches in juice with Ice-Cream	Lemon Jelly
Dessert available every day	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt

SCHOOL DINNERS MENU: TERM 1 Week 3 18/09 & Week 6 9/10

Choices	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course Dish	Vegetable topped Pitta Bread Pizza	Tuna Pasta Bake	Roast Pork and Stuffing	Chicken and Vegetable Pie	Battered Cod Fillet
Vegetarian Dish	Cheese and Tomato Omelette	Macaroni Cheese	Parsnip and Cheese bake	Quorn and Vegetable Hotpot	Vegetable Nuggets
Vegetable Choices	Selection of Fresh Vegetables	Fresh Mixed Salad	Selection of Fresh Vegetables	Selection of Fresh Vegetables	Peas or Baked Beans
Potato, rice or Pasta choices	New Potatoes	Pasta	Roast and New Potatoes	Mashed Potato	Chips
Available every day	A selection of fresh salads & bread	A selection of fresh salads & bread	A selection of fresh salads & bread	A selection of fresh salads & bread	A selection of fresh salads & bread
Hot or cold dessert	Apricot and Cherry Tea-bread	Apple Crumble and Custard	Banana Cake	Chocolate Crispy Cake	Mandarins in Orange Jelly
Dessert available every day	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt	Piece of fresh fruit Fruit Yoghurt