



Welton Primary School

Part of the Midsomer Norton Schools' Partnership

"working together, achieving our best"

Head Teacher: Mr J Snell

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Head's start...

Welcome back to a brand new school year! I hope you all had a lovely summer together. It has been great to see the children return to school looking smart and ready to learn. This year promises to be another great year at Welton! I'd like to particularly welcome our new Reception children and families to the school. I have already had the chance to meet the children who started their first day today - they too were looking smart and ready for school! This is always a special time of year as it's a fresh start with new classes in new rooms and a sense of anticipation for the year ahead. As you would expect I spoke to the children on Tuesday about the need to once again work hard and behave well. Our INSET day on Monday included a second training session for staff on 'Emotion Coaching' techniques which we use at Welton to develop and support positive behaviours amongst the children. The staff all talk very highly about the positive impact this is having amongst the children and we hope to run some training and support sessions in the near future for parents too. I've included an information sheet at the end of this newsletter if you would like to know a bit more. Do make contact with either myself or Mrs Audritt if you would like more information.

As always, I thank you for your support in helping to make Welton such a fab place to be. I look forward to working in partnership with you over the coming year. With best wishes, Mr Snell

Uniforms

With thanks for your support in ensuring your child is wearing the correct school uniform. Please remember to name all items and to bring a coat to school for the wet weather!

Clubs

Clubs will hopefully be starting in Week 3. A letter will be sent home next week with details. This year, any after school club run by a sports coach will be charged a fee of £5 for the two terms and must be booked through ParentPay (once the issues with ParentPay have been sorted). All other clubs remain free.

Blogs

The class blogs will soon be 'live' so please keep an eye out for details about these in due course.

Newsletter 1 September 8th 2017

Meet the teachers

If you are able to make it the teachers are hosting a short 'meet the teacher' session to provide information about the year ahead. There's no need to book, just turn up at the times below:

YR: 19th Sept 5.30pm or 21st Sept 9.00am (phonics)

YR: 7th Oct 9.00am or 8th Oct 5.30pm (maths)

Y1: 14th Sept 2.30pm

Y2: 12th Sept 3.20pm

Y3: 12th Sept 2.30pm

Y4: 13th Sept 2.45pm

Y5: 13th Sept 3.20pm

Y6: 14th Sept 3.20pm

Tuck shop

Don't forget we have a healthy tuck shop open for business at morning playtime. Fruity and vegetable snacks for 10p/20p are available. Your child will need to bring money for this or else please feel free to provide them with their own healthy fruit/vegetable.

Twitter

Please be reminded that class teachers communicate regularly through Twitter. Feedback from our community has been overwhelmingly positive to this way of communicating so please ask if you are unsure about how to follow us! The Twitter feeds are now set up as colours which means that you will not have to change Twitter accounts each year, rather follow the same account every year instead. The accounts are:

YR: @WPS_red

Y1: @WPS_yellow

Y2: @WPS_orange

Y3: @WPS_green

Y4: @WPS_blue

Y5: @WPS_purple

Y6: @WPS_pink

Volunteers

We always appreciate the help that volunteers can provide. If you have some spare time and would like to help at school, please let your class teachers know.

Contact details

If your contact details, especially phone numbers, have changed over the summer, please remember to let the school office know.



Dates for your diary:

Mon 11th Sept	PTFA meeting 7.30pm in the school hall—new members welcome!
Tues 12th Sept	Meet the teacher: Y3 2.30pm, Y2 3.20pm
Weds 13th Sept	Meet the teacher: Y4 2.45pm, Y5 3.20pm
Thurs 14th Sept	Meet the teacher: Y1 2.30pm, Y6 3.20pm
Mon 18th Sept	Clubs start this week
Tues 19th Sept	Meet the teacher: YR 5.30pm (phonics)
Thurs 21st Sept	Meet the teacher: YR 9.00am (phonics)
Weds 4th Oct	Inter school cross country event at Odd Down (pupil invitation only)
Thurs 5th Oct	Individual pupil photos today
Fri 6th Oct	Harvest Assembly - 2.15pm
Fri 13th Oct	Flu vaccine for YR, Y1, Y2, Y3, Y4 - details to follow
Fri 20th Oct	Last day of term 1 - INSET DAY (School closed to pupils)
Fri 21st Oct	LAST DAY OF TERM 1
Mon 30th Oct	FIRST DAY OF TERM 2

THE PEOPLE'S GRAND PRIX
FAMILY FUN RUN



SUNDAY 10 SEPTEMBER
ODD DOWN CYCLE CIRCUIT, BATH, BA2 2PR
FROM 12PM – 4PM

GET SPONSORED TO WALK, JOG OR RUN 3K
FAMILY ENTRIES WELCOME

JOIN US FOR AN AFTERNOON OF FAMILY ACTIVITIES
AT OUR WHEELCHAIR-FRIENDLY EVENT

HOT FOOD AND REFRESHMENTS AVAILABLE FROM 12PM
FREE PARKING

Get involved and register today:
Adults and children: £5 per entrant (under 2's go free!)
Email: helen.mackie@jessiemay.org.uk or carrie.murphy@sjpp.co.uk

Wanted!

We would like any surplus seeds or plants you may have that we can use with our upcoming gardening club. Please deliver to Mrs Audritt if you have any.

Welton Wizard

We are currently trialling our Welton Wizard assembly on a Friday afternoon, starting at 2.30pm. While we know that this might make it tricky for some parents to attend, we now find that we have more learning time on Friday mornings.

Bumbles Daycare

To let you know that Bumbles Daycare are able to provide child care for the new reception children during the transition phase. For more info or to enquire about your child starting with Bumbles, call Miranda Greening on 07891483062.

Rocksteady

To let you know that if your child is signed up for Rocksteady rehearsals, these will begin on Tuesday next week...

School starts and registers are taken at 8.55am every day!

Do leave enough time to arrive, particularly on recycling and bin collection days!

Together raising money for:



ST. JAMES'S PLACE FOUNDATION | Jessie May | celebrating 21 years | BETTER the feel good place

www.sjpfoundation.co.uk | www.jessiemay.org.uk

What is Emotion Coaching?

“Emotion Coaching is about helping children and young people to understand the different emotions they experience, why they occur and how to handle them”

Emotion coaching was first introduced by John Gottman and his colleagues in the USA. Emotion coaching is about helping children to become more aware of their emotions and to manage their own feelings particularly during instances of misbehaviour. It entails validating children’s emotions, setting limits where appropriate and problem-solving with the child to develop more effective behavioural strategies. In effect, emotion coaching techniques instil the tools that will aid children’s ability to self-regulate their emotions and behaviour. It enables practitioners to create an ethos of positive learning behaviour and to have the confidence to de-escalate situations when behaviour is challenging. Emotion coaching provides a value-added dimension to behaviour management strategies and creates opportunities for longer-term solutions to children’s well-being and resilience.

Why do Emotion Coaching?

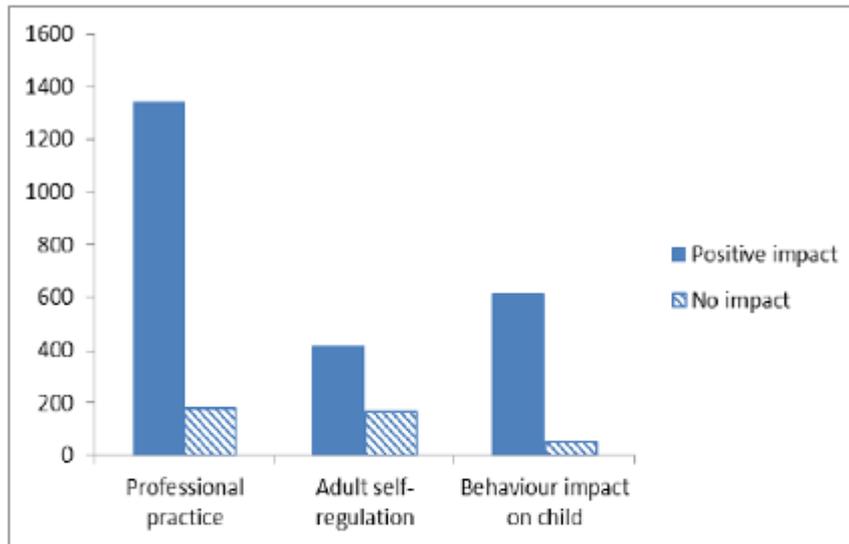
“Much of today’s popular advice about children’s behaviour ignores the world of emotions. Instead, it relies on child-rearing theories that address the children’s behaviour, but disregard the feelings that underlie that behaviour”

Gottman’s research has shown that emotion coached children:

- ✓ **Achieve more academically in school**
- ✓ **Are more popular**
- ✓ **Have fewer behavioural problems**
- ✓ **Have fewer infectious illnesses**
- ✓ **Are more emotionally stable**
- ✓ **Are more resilient**

Research at **Bath Spa University** has echoed some of these findings and has helped to reduce the number of negative behavioural incidents in schools and early years settings. The research demonstrates that emotion coaching:

- ✓ *Helps children to regulate, improve and take ownership of their behavior*
- ✓ *Helps children to calm down and better understand their emotions*
- ✓ *Helps practitioners to be more sensitive to children’s needs*
- ✓ *Helps create more consistent responses to children’s behavior*
- ✓ *Helps practitioners to feel more ‘in control’ during incidents*
- ✓ *Helps promote positive relationships*



N=127

Some findings from the Bath Spa Emotion Coaching Research Project

What participants say about Emotion Coaching

"It makes the children feel more secure and gives them a vocabulary to talk about how they are feeling instead of just acting out. This helps them to be more positive and happier." (Practitioner)

"I used it when two boys were getting really hyper... They completely calmed down... We're so used to the Supernanny stuff and the naughty step but this gives you a different tool to use." (Practitioner)

"He's a different child from what he was like before and the other children pick up on what he's like and will play with him now." (Practitioner)

"I think emotion coaching has changed completely how I parent and I have been totally raving to all my friends about it." (Parent)

"It's consistent, easy to use and brings you closer to your child which makes you feel better. It makes me feel like a good parent." (Parent)

"When people, like, take the mick out of me, like, in class I'd just get angry and I just hit 'em. Now the teacher talks to me and it calms me down – the other kids don't really pick on me now 'cos they know that I don't react." (Young Person)

"They listen to you and make sure that you're OK and, like, trying to make sure you're stable and stuff and all of this helps you." (Young Person)